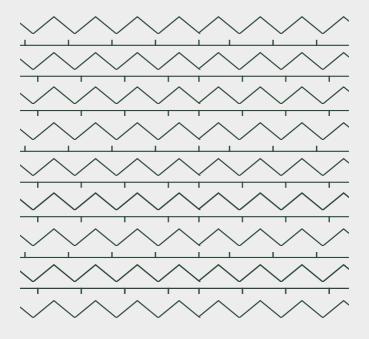


SEAL YOUR DEAL

WITH LUNCH



STARTERS

GRILLED TOFU TABBOULEH QUINOA BOWL D

Hummus | olives | romaine lettuce | zucchini | tofu

ΠR

BFFF SHUWA ROULADE D

Aubergine roulade | balsamic deduction | rocket | cherry tomatoes

OR

PRAWN CARPACCIO SH

Raw marinated prawns | radish | fried capers | avocado puree | olive dust

MAINS

GRILLED CHICKEN BREAST D

Mashed potatoes | sauteed spinach | bell peppers | mushroom sauce

OR

BREADED TILAPIA D/G

Baby potatoes | peas | broccolini | miso lemon butter sauce

OR

BEEF SHORT RIB D

Confit tomatoes | dauphinoise potato | natural jus | garlic bok choi

DESSERT

CHOCOLATE CHIA PUDDING D/G

Smooth chocolate whipped | chia seeds | berries | biscuit

OR

PEANUT BUTTER CUPS D/G

Fried cinnamon bananas

Includes one choice of: Soft drink | Juice | Water | Tea | Coffee

If you are concerned about the ingredients we use due to an allergy / intolerance or dislike, please let us know and we will guide you.

E - Eggs | N - Nuts | D - Dairy | SH - Shellfish | G - Gluten